

# Vestibular Testing Agreement



**You are scheduled for a VNG (Videonystagmography) test.** This test is used to identify any problems related to your inner ear. During the test, goggles will be worn to monitor eye movements. During the last portion of the test, cool and warm air will be used to stimulate the inner ear and may cause some dizziness. The dizziness should only last for a few minutes. The entire test will take approximately 50-60 minutes. Due to space constraints, individuals that accompany you will not be permitted in the testing room. They are welcome to wait in the waiting room. Following your tests, your provider or one of their Physician Assistants (Haley Peebles, PA-C or Eleanor Howell, PA-C) will call you to discuss these test results.

## Patient Instructions:

- No eye procedures within 14 days of the test
- Make arrangements in advance for someone to drive you home following the test. If you do not have a ride, we request you to stay an extra hour following the procedure before driving.
- Do not have a 'heavy' or greasy meal before the test. If you eat, eat something very light at least 2 hours prior to the test. If you are diabetic, eat as required.
- No smoking 6 hours before the test.
- No caffeine 6 hours before the test (Coffee, soda, tea, chocolate...)
- No alcoholic beverages 48 hours (2 days) before the test.
- No recreational drugs (if used) within 3 days prior to testing as they will affect test results
- No medications for dizziness, nausea (i.e. Meclizine, Antivert, Phenergan)
- No oral allergy medications, sleeping medications (prescription or OTC), or heavy pain medications within 3 days of testing. If you have a question about a specific medication, please ask us for confirmation.
- **NO face make-up, NO eye make-up**, hair gels or sprays, lotions or oils on your skin from the neck up, no perfume or aftershave.
- No weapons, including pocketknives and firearms
- **Testing is completed at 150 Nacoochee Avenue location only.**

ENT of Athens is pleased to offer Vestibular Testing to our patients. This testing requires a minimum reserved time of one-and-a-half hours and is a significant investment of time and financial resources for the practice.

**If you are scheduled for Vestibular Testing and cannot keep your appointment, please notify us at least 5 business days in advance.** Because medications must be stopped in advance of testing, we will not be able to reschedule other patients for testing without this advanced notice. If you are scheduled for Vestibular Testing and are unable to keep your appointment, please call our office at (706) 546-5689 ext. 1. We will be glad to reschedule your appointment for a more convenient time.

## A \$100 Missed Appointment Fee will be added to your account if:

- 1) **You fail to notify our staff of a cancelled appointment at least 5 business days in advance**
- 2) **You fail to stop applicable medications/comply with restrictions in advance of vestibular testing**
- 3) **You arrive more than 10 minutes late for your scheduled appointment**

This \$100 fee is not billable to your insurance company and payment will be due before rescheduling the appointment if in violation of the agreement.

Please review, sign, and date the statement below to indicate your agreement.

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## Statement of Agreement

I agree to the terms and conditions set forth above and accept responsibility for payment of the "Missed Appointment Fee" and any costs of collections. I understand that a rescheduled appointment will not be made until the Missed Appointment Fee is paid.

Patient: \_\_\_\_\_

Date: \_\_\_\_\_